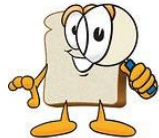


Edgerton MN School District

November 2018 Middle & High School Lunch Menu

Monday

Be a Food Label Detective:
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.

Tuesday



Wednesday

Please
remember to take
at least
½ cup fruit & or
veggies for a well
balance meal

Thursday

1
A. Nachos Grande
w/Bread
B. Chicken Wrap
C. Egg Salad Sub
D. Chicken Taco Salad
Peas

Friday

2
A. Pepperoni Pizza
B. Cheese Pizza
C. Italian Sub
D. Ham & Swiss Ciabatta

Green Beans

5
A. Pulled Pork Sandwich
B. Chicken Quesadilla
C. Turkey & Cheese Sub
D. Tangerine Chicken Wrap

Sweet Potato Fries

6
A. Parmesan Chicken Sandwich
B. Pepperoni Pizza
C. Cold Cut Sub
D. Chef Salad w/Bread

Carrots

7
A. Meatballs w/Gravy
B. Tangerine Chicken
C. Ham & Cheese Sub
D. Teriyaki Chicken Wrap
Rice
Broccoli

8
A. Cheese Ravioli
w/Garlic Bread
B. BBQ Chicken Flatbread
C. Egg Salad Sub
D. Chicken Taco Salad
Corn

9
A. Chili w/ Corn Chips
B. Chicken Sticks
C. Italian Sub
D. Turkey & Swiss Ciabatta
Cinnamon Roll
Green Beans

12
A. Ham & Scalloped Potatoes
w/Bread
B. Stuffed Crust Pizza
C. Turkey & Cheese Sub
D. Tangerine Chicken Wrap
Carrots

13
A. Grilled Turkey & Swiss
B. Crispy Chicken Sandwich
C. Cold Cut Sub
D. Chef Salad w/Bread

Baked Beans

14
A. Cheese Sticks
w/ Marinara
B. Corn Dog
C. Egg Salad Sub
D. Teriyaki Chicken Wrap
Sidekicks Frozen Juice Cup

15
A. Roasted Turkey
w/ Dinner Roll
B. Ham & Cheese Sub
Corn
Carnival Cookie
Mashed Potatoes w/ Gravy

16
A. Cheeseburger
B. Chili Dog on Bun
C. Italian Sub
D. Turkey & Swiss Ciabatta

Baked Fries

19
A. Eggs w/ French Toast
B. Mini Corn Dogs
C. Turkey & Cheese Sub
D. Tangerine Chicken Wrap

Tater Tots

20
A. Italian Dunkers
B. BBQ Meatball Sub
C. Cold Cut Sub
D. Chef Salad w/Bread

Green Beans

21
A. Sloppy Joe on Bun
B. Sausage Pizza
C. Ham & Cheese Sub
D. Teriyaki Chicken Wrap

Baked Fries

22
Happy
Thanksgiving!



No School

A. Doritos Walking Taco
B. Chicken Wrap
C. Italian Sub
D. Ham & Swiss Ciabatta

Corn

27
A. Meatloaf
B. Chicken Nuggets
C. Cold Cut Sub
D. Chef Salad
A,B,D: Bread
Mashed Potatoes w/Gravy

28
A. Cheeseburger
B. Pizza Calzone
C. Ham & Cheese Sub
D. Teriyaki Chicken Wrap

Carrots

29
A. Spaghetti w/Meat Sauce
w/Garlic Toast
B. Crispy Chicken Sanwich
C. Egg Salad Sub
D. Chicken Taco Salad
Jello & Corn

30
A. Beef Soft Shell Tacos
B. Hot Dog on Bun
C. Italian Sub
C. Turkey & Swiss Ciabatta

Crispy Potato Crowns

Daily Lunch Menu Includes

- Choice of A, B, C, D Entrées
- Unlimited Fresh Field Bar
- Milk Choice: Strawberry Skim, Chocolate Skim and 1% White

Meal Prices

K-5 Lunch: \$2.10
6-12 Lunch: \$2.35
Adult Lunch: \$3.70

Fill Up & Fuel Up

Unlimited Fresh Field Bar

Vegetables on the menu and on the fruit & vegetable bar meet or exceed all vegetable subgroup weekly requirements

